

Dr Marti Fausold-Mowers
Severity of Alcohol Dependence Questionnaire (SADQ-C)

NAME

DATE of BIRTH

To Day's DATE

Please recall a typical period of heavy drinking in the last 6 months
 When was this?

Please answer the following questions about your drinking and select the most appropriate response:

Questions 1-12 – The day after drinking alcohol ...	Select Response
1. I woke up feeling sweaty	<input style="width: 100%; height: 25px;" type="text"/>
2. My hands shook first thing in the morning.	<input style="width: 100%; height: 25px;" type="text"/>
3. My whole body shook violently first thing in the morning if I did not have a drink	<input style="width: 100%; height: 25px;" type="text"/>
4. I woke up absolutely drenched in sweat	<input style="width: 100%; height: 25px;" type="text"/>
5. I dread waking up in the morning	<input style="width: 100%; height: 25px;" type="text"/>
6. I was frightened of meeting people first thing in the morning	<input style="width: 100%; height: 25px;" type="text"/>
7. I felt at the edge of despair when I awoke	<input style="width: 100%; height: 25px;" type="text"/>
8. I felt very frightened when I awoke	<input style="width: 100%; height: 25px;" type="text"/>
9. I liked to have an alcoholic drink in the morning	<input style="width: 100%; height: 25px;" type="text"/>
10. I always gulped my first few alcoholic drinks down as quickly as possible	<input style="width: 100%; height: 25px;" type="text"/>
11. I drank more alcohol to get rid of the shakes.	<input style="width: 100%; height: 25px;" type="text"/>
12. I had a strong craving for a drink when I awoke	<input style="width: 100%; height: 25px;" type="text"/>

Questions 13-16	Select Response
13. I drank more than a quarter of a bottle of spirits in a day (OR 1 bottle of wine OR 7 beers)	<input style="width: 100%; height: 25px;" type="text"/>
14. I drank more than a half of a bottle of spirits in a day (OR 2 bottles of wine OR 15 beers)	<input style="width: 100%; height: 25px;" type="text"/>
15. I drank more than one bottle of spirits in a day (OR 4 bottles of wine OR 30 beers)	<input style="width: 100%; height: 25px;" type="text"/>
16. I drank more than two bottles of spirits in a day (OR 8 bottles of wine OR 60 beers)	<input style="width: 100%; height: 25px;" type="text"/>

Questions 17-20 – Imagine the following situation: You have been completely off drink fo a few weeks You then drink very heavily for two days	Select Response
17. I would start to sweat	<input style="width: 100%; height: 25px;" type="text"/>
18. My hands would shake	<input style="width: 100%; height: 25px;" type="text"/>
19. My body would shake	<input style="width: 100%; height: 25px;" type="text"/>
20. I would be craving a drink	<input style="width: 100%; height: 25px;" type="text"/>